

APERITIVOS/APPETIZERS	Cals	Cal Grasa	Gras (g)	Gras Sat (g)	Gras Trans (g)	Chol (mg)	Sodio (mg)	Carbs (g)	Fibra (g)	Azucar (g)	Prot (g)
Chang's BBQ Spare Ribs (4)	820	380	43	12	2	165	2420	44	2	36	65
Chang's BBQ Spare Ribs (6)	1230	570	64	18	3	245	3550	62	2	50	97
Chang's Chicken Lettuce Wraps	530	260	29	6	0	30	2180	42	6	17	33
Chang's Chicken Lettuce Wraps - Happy Hour	490	230	26	5	0	20	1940	40	5	17	26
Chang's Vegetarian Lettuce Wraps	600	280	32	4	0	0	1850	57	7	20	23
Crispy Green Beans	1040	740	82	12	0.5	15	1570	69	8	11	8
Dynamite Shrimp	620	470	52	8	0	75	1250	31	1	6	8
Edamame	400	150	17	2.5	0	0	1960	25	12	1	37
Fortune Platter	1120	690	77	16	0.5	50	3430	92	6	32	16
Hunan Dragon Wings	550	300	34	6	0	100	2890	23	3	17	38
Northern Style Spare Ribs	1130	570	63	18	3	245	6260	41	2	32	97
Salt & Pepper Calamari	720	340	37	4	0	145	6400	72	2	24	26
Salt & Pepper Calamari - Happy Hour	560	260	29	3.5	0	90	6280	59	2	23	17
DIM SUM	Cals	Cal Grasa	Gras (g)	Gras Sat (g)	Gras Trans (g)	Chol (mg)	Sodio (mg)	Carbs (g)	Fibra (g)	Azucar (g)	Prot (g)
Crispy Wontons (6)	780	430	47	7	0.5	75	2460	79	1	13	9
Hand-Folded Crab Wontons (4)	480	180	20	9	0.5	0	1670	62	1	9	9
Hand-Folded Crab Wontons (6)	610	270	30	13	1	0	1960	74	1	9	14
Handmade Dumplings - Fried - Pork (4)	270	100	11	3.5	0	35	780	27	3	7	16
Handmade Dumplings - Fried - Pork (6)	420	160	17	5	0	55	1330	42	5	12	25
Handmade Dumplings - Steamed - Pork (4)	200	25	2.5	0.5	0	35	790	27	1	6	15
Handmade Dumplings - Steamed - Pork (6)	320	35	4	1	0	55	1340	42	1	11	23
Handmade Dumplings - Fried - Shrimp (4)	170	50	6	1	0	86	1370	26	2	5	13
Handmade Dumplings - Fried - Shrimp (6)	260	80	9	2	0	129	2150	40	4	9	20
Handmade Dumplings - Steamed - Shrimp (4)	220	10	2	0	0	125	780	20	0	7	19
Handmade Dumplings - Steamed - Shrimp (6)	340	20	3	0	0	188	1260	31	1	11	29
Handmade Dumplings - Fried - Veggies (4)	330	190	22	3	0	0	890	26	1	8	7
Handmade Dumplings - Fried - Veggies (6)	480	290	32	4.5	0	0	1190	37	2	11	10
Handmade Dumplings - Steamed - Veggies (4)	220	90	10	1.5	0	0	890	26	1	8	7
Handmade Dumplings - Steamed - Veggies (4)	320	130	15	2	0	0	1190	37	2	11	10
Housemade Eggrolls - Pork (2)	420	130	14	2	0	20	1940	62	4	25	11
Housemade Eggrolls - Pork (4)	720	250	28	4.5	0	35	3190	97	6	27	21
Shrimp & Butternut Squash Dumplings - Fried	350	170	19	3	0	30	1480	35	2	12	11
Shrimp & Butternut Squash Dumplings - Steamed	220	40	4.5	0.5	0	30	1480	35	2	12	11
Spring Rolls (2)	230	50	6	1	0	0	1320	43	3	25	3
Spring Rolls (4)	350	100	11	1.5	0	0	1960	58	5	27	5
SOPAS/SOUPS	Cals	Cal Grasa	Gras (g)	Gras Sat (g)	Gras Trans (g)	Chol (mg)	Sodio (mg)	Carbs (g)	Fibra (g)	Azucar (g)	Prot (g)
Sopa - Chang's Chicken Noodle - Taza	150	40	4.5	0.5	0	20	680	18	1	3	10
Sopa - Chang's Chicken Noodle - Para Compartir	550	100	16	2.5	0	70	3310	80	5	12	36
Sopa - Egg Drop - Taza	40	20	2	0	0	23	440	5	0	2	1
Sopa - Egg Drop - Para Compartir	280	100	11	2	0	155	2910	37	0	11	7
Sopa - Hot & Sour - Taza	100	30	3	0	0	33	670	12	2	1	5
Sopa - Hot & Sour - Para Compartir	650	160	18	3	0	223	4490	82	11	9	30
Sopa - Wonton - Taza	130	50	5	1.5	0	35	560	11	0	4	10
Sopa - Wonton - Par Compartir	520	180	20	5	0	135	2850	48	2	17	36
ENSALADAS/SALADS	Cals	Cal Grasa	Gras (g)	Gras Sat (g)	Gras Trans (g)	Chol (mg)	Sodio (mg)	Carbs (g)	Fibra (g)	Azucar (g)	Prot (g)
Ensalada - Asian Caesar Salad - Half	350	260	28	6	0	15	640	14	2	4	9
Ensalada - Asian Caesar Salad - Full	700	510	57	12	1	25	1280	28	4	7	18
ENSALADAS/SALADS	Cals	Cal Grasa	Gras (g)	Gras Sat (g)	Gras Trans (g)	Chol (mg)	Sodio (mg)	Carbs (g)	Fibra (g)	Azucar (g)	Prot (g)

Ensalada - Asian Caesar Salad w/Chicken	880	550	61	13	1	125	1880	30	4	8	49
Ensalada - Asian Caesar Salad w/Salmon	1010	680	75	15	1	65	1640	28	4	8	51
Ensalada - Asian Caesar Salad w/Shrimp	820	550	61	12	1	160	2150	32	4	10	35
Ensalada - Asian Caesar Salad w/Steak	1030	680	76	17	1.5	120	1410	35	5	11	52
Ensalada - Chicken Chopped Salad - Ginger Dressing	780	490	54	8	0.5	110	1580	31	5	7	42
Ensalada - Mandarin Crunch Salad - Half	440	250	29	4	0	55	790	16	3	3	21
Ensalada - Mandarin Crunch Salad - Full	890	490	55	7	0	0	2300	89	10	52	15
Ensalada - Mandarin Crunch Salad w/Chicken	1080	530	60	8	0	100	2900	90	10	53	46
Ensalada - Mixed Greens - Ginger Dressing	100	80	9	1.5	0	5	100	4	1	3	1
Ensalada - Mixed Greens - Sesame Dressing	110	80	9	1.5	0	0	170	6	2	4	2
Side Dressing - Ginger	80	80	9	1.5	0	5	75	1	0	1	0
Side Dressing - Sesame	350	320	35	5	0	0	570	9	1	7	2
SUSHI	Cals	Cal Grasa	Gras (g)	Gras Sat (g)	Gras Trans (g)	Chol (mg)	Sodio (mg)	Carbs (g)	Fibra (g)	Azucar (g)	Prot (g)
Asian Rainbow Roll	330	35	4	0.5	0	60	1030	48	2	13	24
California Roll	380	130	15	2	0	20	870	51	5	14	10
PFC Maduro Roll	460	180	20	8	0	55	720	46	2	11	21
Mongolian Roll	630	220	25	6	0	115	2320	57	3	22	44
Philadelphia Roll	270	100	11	6	0	35	570	30	1	7	10
Spicy Crab Salad	400	110	12	2	0	15	1910	54	9	28	22
Spicy Dragon Roll	570	300	34	8	3.5	35	920	52	3	11	13
Spicy Tuna Roll	300	40	4.5	0.5	0	35	750	43	4	12	19
Veggie Roll	300	70	7	1	0	0	1080	53	4	19	6
Warrior Roll	290	80	9	3.5	0	15	750	45	3	13	5
Yin Yang Roll	510	190	22	7	1.5	35	1270	64	4	17	13
POLLO/CHICKEN	Cals	Cal Grasa	Gras (g)	Gras Sat (g)	Gras Trans (g)	Chol (mg)	Sodio (mg)	Carbs (g)	Fibra (g)	Azucar (g)	Prot (g)
Almond & Cashew Chicken	1010	260	29	5	0	155	5460	113	5	29	70
Chang's Chicken	960	320	35	6	0	132	1430	102	0	90	61
Crispy Honey Chicken	1420	610	68	10	1	171	1060	145	2	60	49
Ginger Chicken With Broccoli	530	130	14	3	0	127	1700	47	6	31	57
Kung Pao Chicken	1090	580	64	10	0	124	1970	60	8	31	70
Orange Peel Chicken	1000	360	40	6	0	141	2210	97	7	72	70
Sesame Chicken	930	270	30	5	0	155	5640	98	10	59	69
Sweet & Sour Chicken	960	410	46	7	1	128	820	100	2	68	37
Add - Brown Rice (6oz)	190	15	1.5	0	0	0	0	40	3	--	4
Add - White Rice (6oz)	220	0	0	0	0	0	0	49	1	1	4
PESCADOS Y MARISCOS/SEAFOOD	Cals	Cal Grasa	Gras (g)	Gras Sat (g)	Gras Trans (g)	Chol (mg)	Sodio (mg)	Carbs (g)	Fibra (g)	Azucar (g)	Prot (g)
Asian Grilled Norwegian Salmon	590	310	35	5	0	65	1180	12	6	6	56
Crispy Honey Shrimp	1250	440	49	7	1	366	1500	146	2	60	49
Kung Pao Shrimp	840	500	56	9	0	111	2360	50	16	20	36
Orange Peel Shrimp	680	260	29	5	0	111	2430	82	15	55	27
Salmon Steamed With Ginger	830	460	38	5.5	0	85	2560	47	15	25	42
Shrimp With Lobster Sauce	370	190	21	4	0	365	2930	16	2	6	28
Walnut Shrimp With Melon	1400	1000	111	18	0	150	1320	70	13	49	33
Add - Brown Rice (6oz)	190	15	1.5	0	0	0	0	40	3	--	4
Add - White Rice (6oz)	220	0	0	0	0	0	0	49	1	1	4
CARNES/BEEF & PORK	Cals	Cal Grasa	Gras (g)	Gras Sat (g)	Gras Trans (g)	Chol (mg)	Sodio (mg)	Carbs (g)	Fibra (g)	Azucar (g)	Prot (g)
Asian Churri Steak and Shrimp	580	340	38	7	0.5	265	1390	6	1	2	52
Beef A La Sichuan	810	320	35	8	0	132	2200	78	4	68	46
Beef With Broccoli	740	330	37	8	0	134	2530	53	5	38	51
Churrasco	780	410	46	13	1.5	235	310	15	4	8	81
CARNES/BEEF & PORK	Cals	Cal Grasa	Gras (g)	Gras Sat (g)	Gras Trans (g)	Chol (mg)	Sodio (mg)	Carbs (g)	Fibra (g)	Azucar (g)	Prot (g)
Mongolian Beef	800	380	42	10	0	177	2710	45	1	37	60

Orange Peel Beef	900	500	55	12	0.5	185	3080	36	4	25	67
Sweet & Sour Pork	710	200	24	6	0	15	1540	104	3	71	29
Traditional Pepper Steak	680	350	38	8	0	146	2770	32	4	20	51
Wok-Charred Beef	890	490	54	11	0	185	1970	35	5	14	69
Add - Brown Rice (6oz)	190	15	1.5	0	0	0	0	40	3	--	4
Add - White Rice (6oz)	220	0	0	0	0	0	0	49	1	1	4
ARROZ & FIDEOS/RICE & NOODLES	Cals	Cal Grasa	Gras (g)	Gras Sat (g)	Gras Trans (g)	Chol (mg)	Sodio (mg)	Carbs (g)	Fibra (g)	Azucar (g)	Prot (g)
P.F. Chang's Fried Rice - Camerones/Shrimp	1100	260	29	5	0	390	2280	162	6	22	42
P.F. Chang's Fried Rice - Cerdo/Pork	1250	390	43	10	0	270	2020	165	5	23	47
P.F. Chang's Fried Rice - Combinaci3n/Combination	1250	360	40	8	0	319	2140	164	6	23	55
P.F. Chang's Fried Rice - Pollo/Chicken	1160	280	31	6	1	270	1870	163	6	22	52
P.F. Chang's Fried Rice - Res/Beef	1170	330	37	8	0	266	2050	159	5	23	46
Lo Mein - Camerones/Shrimp	760	160	18	3	0	215	3270	111	7	22	38
Lo Mein - Cerdo/Pork	920	290	32	7	0	94	3000	114	6	22	42
Lo Mein - Combinaci3n/Combination	920	260	29	6	0	144	3130	113	7	22	51
Lo Mein - Pollo/Chicken	830	180	20	4	0	94	2850	112	7	22	48
Lo Mein - Res/Beef	870	250	28	6	0	99	3080	108	6	22	45
Lo Mein - Vegetales/ Vegetables	640	90	10	2	0	11	2640	116	10	26	21
Pad Thai - Camerones/Shrimp	1170	270	30	5	0	320	2690	180	5	39	46
Pad Thai - Combinaci3n/Combination	1190	280	31	5	0	280	2540	181	5	39	49
Pad Thai - Pollo/Chicken	1210	290	32	6	0	240	2410	181	5	39	52
ACOMPAÑANTES/SIDES	Cals	Cal Grasa	Gras (g)	Gras Sat (g)	Gras Trans (g)	Chol (mg)	Sodio (mg)	Carbs (g)	Fibra (g)	Azucar (g)	Prot (g)
Chang's Crispy Fries	700	430	48	8	0	15	1590	61	6	5	7
Garlic Spiced Tostones (3)	450	390	43	7	0	10	3160	15	1	2	1
Garlic Spiced Tostones (5)	640	550	61	10	0	15	6310	23	2	4	2
Rice - Brown (6oz)	190	15	1.5	0	0	0	0	40	3	--	4
Rice - White (6oz)	220	0	0	0	0	0	0	49	1	1	4
Sichuan-Style Asparagus	300	140	16	3	0	0	2030	34	7	19	8
VEGETARIANO/VEGETARIAN	Cals	Cal Grasa	Gras (g)	Gras Sat (g)	Gras Trans (g)	Chol (mg)	Sodio (mg)	Carbs (g)	Fibra (g)	Azucar (g)	Prot (g)
Buddha's Feast - Steamed	250	35	4	0	0	0	300	32	9	11	26
Buddha's Feast - Stir-Fried	480	110	12	1	0	0	2880	66	9	33	28
Coconut Curry Vegetables	1290	830	92	37	0	0	1300	74	18	35	45
Ma Po Tofu	940	550	61	9	0	0	2830	58	15	31	56
Vegetarian Fried Rice	960	200	22	4	0	186	1640	164	7	23	24
POSTRES/DESSERTS	Cals	Cal Grasa	Gras (g)	Gras Sat (g)	Gras Trans (g)	Chol (mg)	Sodio (mg)	Carbs (g)	Fibra (g)	Azucar (g)	Prot (g)
Banana Spring Rolls	1030	380	42	17	0	145	560	152	2	42	14
Chocolate Lava Cake	800	440	49	27	0.5	150	340	86	4	68	12
Guava Cheese Wontons	370	230	25	11	0.5	45	310	30	2	15	6
The Great Wall Of Chocolate	1730	650	72	30	0.5	125	1420	264	14	191	18
Traditional Flan	1090	310	35	20	1	365	500	163	1	162	34
BEBIDAS/BEVERAGES	Cals	Cal Grasa	Gras (g)	Gras Sat (g)	Gras Trans (g)	Chol (mg)	Sodio (mg)	Carbs (g)	Fibra (g)	Azucar (g)	Prot (g)
Coffee - Capuccino	60	30	3	2	0	10	50	4	0	4	3
Coffee - Espresso	0	0	0	0	0	0	10	0	0	0	0
Coffee - Espresso Con Leche	20	10	1	0.5	0	5	15	1	0	1	1
Coffee - Espresso Double Con Leche	20	10	1	0.5	0	5	20	1	0	1	1
Water Aguafina	0	0	0	0	0	0	0	0	0	0	0
Water - San Pellegrino	0	0	0	0	0	0	0	0	0	0	0
DAILY SQUEEZE	Cals	Cal Grasa	Gras (g)	Gras Sat (g)	Gras Trans (g)	Chol (mg)	Sodio (mg)	Carbs (g)	Fibra (g)	Azucar (g)	Prot (g)
House Lemonade	120	0	0	0	0	0	40	34	0	33	0
House-Made Ginger Beer	130	0	0	0	0	0	25	33	0	29	0
Strawberry Cucumber Limeade	170	0	0	0	0	0	5	41	0	39	0

KIDS MENU	Cals	Cal Grasa	Gras (g)	Gras Sat (g)	Gras Trans (g)	Chol (mg)	Sodio (mg)	Carbs (g)	Fibra (g)	Azucar (g)	Prot (g)
Kids Buddha's Feast - Steamed	60	5	0	0	0	0	50	12	5	3	4
Kids Buddha's Feast - Stir-Fried	180	70	8	1.5	0	0	1340	24	5	13	5
Kids Chicken Fried Rice	610	140	15	3	0	215	1020	98	2	9	25
Kids Lo Mein Beef	570	130	14	3	0	40	2270	86	3	8	23
Kids Lo Mein Chicken	600	130	14	2.5	0	50	2350	86	3	7	28
Kids Lo Mein	340	100	13	2	0	40	1810	47	2	14	20
Kids Teriyaki - Beef	480	90	10	2.5	0	45	1630	72	1	7	23
Kids Teriyaki - Chicken	410	15	2	0.5	0	60	1410	71	1	6	25
Kids Honey Chicken	580	170	19	3	0	50	300	69	2	1	32
TES/TEAS	Cals	Cal Grasa	Gras (g)	Gras Sat (g)	Gras Trans (g)	Chol (mg)	Sodio (mg)	Carbs (g)	Fibra (g)	Azucar (g)	Prot (g)
Citrus Spice Tea	0	0	0	0	0	0	0	0	0	0	0
Dragon Eye Oolong	0	0	0	0	0	0	0	0	0	0	0
Fiesta Breeze	0	0	0	0	0	0	0	0	0	0	0
Jasmine Blackberry	0	0	0	0	0	0	0	0	0	0	0
Organic Green	0	0	0	0	0	0	0	0	0	0	0
Sweet Ginger Peach Decaf	0	0	0	0	0	0	0	0	0	0	0
Traditional Black	0	0	0	0	0	0	0	0	0	0	0
Tropical Green	0	0	0	0	0	0	0	0	0	0	0
White Tangerine	0	0	0	0	0	0	0	0	0	0	0
CERVEZAS/BEER	Cals	Cal Grasa	Gras (g)	Gras Sat (g)	Gras Trans (g)	Chol (mg)	Sodio (mg)	Carbs (g)	Fibra (g)	Azucar (g)	Prot (g)
Blue Moon	170	0	0	0	0	0	15	14	0	0	2
Coors Banquet	140	0	0	0	0	0	15	7	0	0	0
Coors Light	100	0	0	0	0	0	10	5	0	0	0
Corona Extra	160	0	0	0	0	0	15	15	0	4	1
Cornona Light	110	0	0	0	0	0	20	5	0	3	1
Grolsch Beer	190	0	0	0	0	0	25	14	0	0	2
Heineken	140	0	0	0	0	0	10	12	0	0	2
Heineken Light	100	30	3.5	0	0	0	0	0	0	0	1
Magna	150	0	0	0	0	0	0	13	0	13	1
Medalla	110	0	0	0	0	0	0	3	0	3	1
Michelob Ultra	90	0	0	0	0	0	0	3	0	0	1
Negra Modelo	170	0	0	0	0	0	10	15	0	13	1
Peroni Nastro Azzurro	150	0	0	0	0	0	5	11	0	10	1
Presidente	150	0	0	0	0	0	0	11	0	11	1
Samuel Adams	180	0	0	0	0	0	20	19	1	2	2
Samuel Adams Light	120	0	0	0	0	0	0	8	0	0	0
Sapporo	140	0	0	0	0	0	0	10	0	0	1
Sapporo Light	120	0	0	0	0	0	0	9	0	0	1
Stella Artois	150	0	0	0	0	0	0	22	0	0	0
Tsingtao	160	0	0	0	0	0	0	15	0	0	0
Tsingtao Light	90	0	0	0	0	0	0	4	0	0	0
CÓCTELES/COCKTAILS	Cals	Cal Grasa	Gras (g)	Gras Sat (g)	Gras Trans (g)	Chol (mg)	Sodio (mg)	Carbs (g)	Fibra (g)	Azucar (g)	Prot (g)
Anejo Buzz	300	0	0	0	0	0	0	35	0	34	0
Asian Pear Mojito	160	0	0	0	0	0	15	9	0	7	0
Chang's Mai Tai	350	0	0	0	0	0	5	43	1	38	1
Coco Limón Sour	210	0	0	0	0	0	80	25	1	22	1
CÓCTELES/COCKTAILS	Cals	Cal Grasa	Gras (g)	Gras Sat (g)	Gras Trans (g)	Chol (mg)	Sodio (mg)	Carbs (g)	Fibra (g)	Azucar (g)	Prot (g)
Cucumber Collins	200	0	0	0	0	0	5	30	1	28	1
Dragon Yuzu Martini	220	0	0	0	0	0	0	24	0	23	0
Honey Mint G&T	210	0	0	0	0	0	0	30	0	28	0
Dewar's 12 Coco	180	0	0	0	0	0	95	3	1	2	1

Khalua Chata	300	40	4.5	0	0	20	0	17	0	17	2
Moscow Mule	160	0	0	0	0	0	0	16	0	15	0
Organic Agave Margarita	240	0	0	0	0	0	40	28	0	23	0
Platinum Pom Margarita	330	0	0	0	0	0	0	41	0	40	0
Royal Pool Side	210	0	0	0	0	0	10	25	0	17	1
Sangria	380	0	0	0	0	0	0	48	1	44	1
Strawberry Ginger Margarita	220	5	0	0	0	0	5	23	1	13	1
Twisted Whiskey Sour	240	0	0	0	0	0	0	19	0	17	0
VINOS/WINES	Cals	Cal Grasa	Gras (g)	Gras Sat (g)	Gras Trans (g)	Chol (mg)	Sodio (mg)	Carbs (g)	Fibra (g)	Azucar (g)	Prot (g)
Blanco/White - 6oz	140	0	0	0	0	0	0	7	0	0	0
Blanco/White - 8.5oz	200	0	0	0	0	0	10	6	0	2	0
Blanco/White - Bottle	610	0	0	0	0	0	35	19	0	7	1
Kinsen Plum Wine - Bottle	1160	15	1.5	0	0	0	0	133	0	133	1
Dows Fine Tawny Port Wine - Bottle	1200	0	0	0	0	0	65	102	0	58	1
Sake Gekkeikan Bottle	990	0	0	0	0	0	15	37	0	0	4
Espumosos/Champagne & Sparkling - Bottle	630	0	0	0	0	0	40	38	0	38	2
Tinto/Red - 6oz	150	0	0	0	0	0	0	5	0	0	0
Tinto/Red - 8.5oz	210	0	0	0	0	0	10	7	0	2	0
Tinto/Red - Bottle	630	0	0	0	0	0	30	19	0	5	1
GLUTEN FREE	Cals	Cal Grasa	Gras (g)	Gras Sat (g)	Gras Trans (g)	Chol (mg)	Sodio (mg)	Carbs (g)	Fibra (g)	Azucar (g)	Prot (g)
GF Beef with Broccoli	740	330	36	8	0	134	3190	53	5	35	53
GF Buddha's Feast - Steamed	250	35	4	0	0	0	300	32	9	11	26
GF Chang's Chicken Lettuce Wraps	580	260	29	6	0	30	2350	46	5	21	34
GF Chang's Spicy Chicken	960	320	35	6	0	132	1430	102	0	90	61
GF Fried Rice with Beef	1200	340	38	8	0	266	2310	163	4	24	47
GF Fried Rice with Chicken	1190	290	32	6	0	271	2130	169	6	26	53
GF Fried Rice with Shrimp	1130	260	29	5	0	390	2540	168	6	26	43
GF Fried Rice with Vegetables	980	200	22	4	0	186	1900	170	7	27	24
GF Ginger Chicken with Broccoli	550	130	14	3	0	127	2300	50	6	31	58
GF Mongolian Beef	800	380	42	9	0	176	2730	44	1	35	60
GF Pad Thai Chicken	1210	290	32	6	0	240	2410	181	5	39	52
GF Pad Thai Combo	1190	280	31	5	0	280	2540	181	5	39	49
GF Pad Thai Shrimp	1170	270	30	5	0	320	2690	180	5	39	46
GF Shrimp with Lobster Sauce	380	180	20	4	0	365	2800	20	4	6	29

Cal... Calorías
 Cal Grasa... Calorías derivadas de la Grasa
 Grasa Sat... Grasa Saturada
 Col... Colesterol
 Carb... Carbohidratos
 Prot... Protéina
 (g)...gramos
 (mg)...miligramos

El análisis nutricional está conformado de datos provenie P.F. Chang's y el Departamento de Agricultura de los Estados Unidos, así como el análisis de la base de datos nutricionales de las recetas de P.F. Chang's empleando el Programa de Análisis Nutricional Génesis SQL del Centro de Investigación ESHA en Salem, Oregón. Las figuras están redondeadas basado en las guías del Food and Drug Administration. P.F. Chang's busca proveer la información nutricional más completa referente a sus productos. Algunos platillos del menú pueden no estar en todos los restaurantes; productos de prueba, recetas de prueba, ofertas de tiempo limitado o platillos regionales pueden no estar incluidos. Aunque la información de los ingredientes del menú está basada en las recetas estándar de los productos, pueden ocurrir variaciones debido a las diferencias ordinarias relacionadas a la preparación de los platillos del menú, los proveedores locales, la región del país o la temporada del año. Adicionalmente, ningún producto esta certificado como vegetariano. Esta lista es actualizada periódicamente como un esfuerzo para reflejar el estatus actual de los productos de P.F. Chang's. PR09Jan2019